

SPIGELIAN HERNIA IN 2-YEAR-OLD MALE CHILD: A RARE CASE REPORT**¹KAMAL N. RATTAN, ²SHUBHANGI SHARMA**¹Head of Department, Department of Pediatric Surgery, Pt B. D. Sharma, PGIMS, Rohtak,²Junior resident, Department of Radiodiagnosis, Pt B. D. Sharma, PGIMS, Rohtak, Haryana.**ABSTRACT**

Spigelian hernia is rare and its diagnosis is often challenging. The clinical presentation varies, depending on the contents of the hernial sac and types of herniation. It is even rarer in children and is often associated with cryptorchidism. Here, we present a case of spigelian hernia in a 2 year old male child who presented to us with pain and swelling in right lateral abdomen and diagnosed on CT scan and treated surgically. In our opinion, CT scan is an excellent tool for diagnosis of the condition and also aids in surgical planning.

Key-words: Spigelian hernia, Ventral hernia, Cryptorchidism.

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INTRODUCTION

A Spigelian hernia is a rare condition and accounts for only 1.5% of the abdominal hernias.¹ It is even rarer in children. The diagnosis requires a high level of clinical suspicion along with the aid of radiological investigations, as they are intraparietal hernias. A Spigelian hernia is a ventral hernia, which occurs along the linea semilunaris and runs alongside the lateral border of the anterior rectus sheath due to the weakness of fibers of internal oblique and transeversus abdominis muscles. The maximum incidence of a Spigelian hernia is distal to the umbilicus.

CASE REPORT

We report a case of a 2-year-old male child presented to us with complaints of; on an off swelling in right side of abdominal wall

associated with dull aching pain. On examination, the swelling was more prominent on coughing and crying. The patient also had patchy hair loss in the frontal area, cryptorchidism, deviation of the left eye and tongue tie. Ultrasonography of the swelling revealed a defect in the anterior abdominal wall lateral to the rectus muscle with herniation of pre-peritoneal fat through it. Ultrasonography of the scrotal sac showed the absence of both testes in scrotal sac as well as in the superficial inguinal region. We did a CT scan to confirm the diagnosis of a spigelian hernia and to know the detailed anatomy and we found that the herniation of fat was accompanied with herniation of the small gut also and testes were visualized in the inguinal canal region.

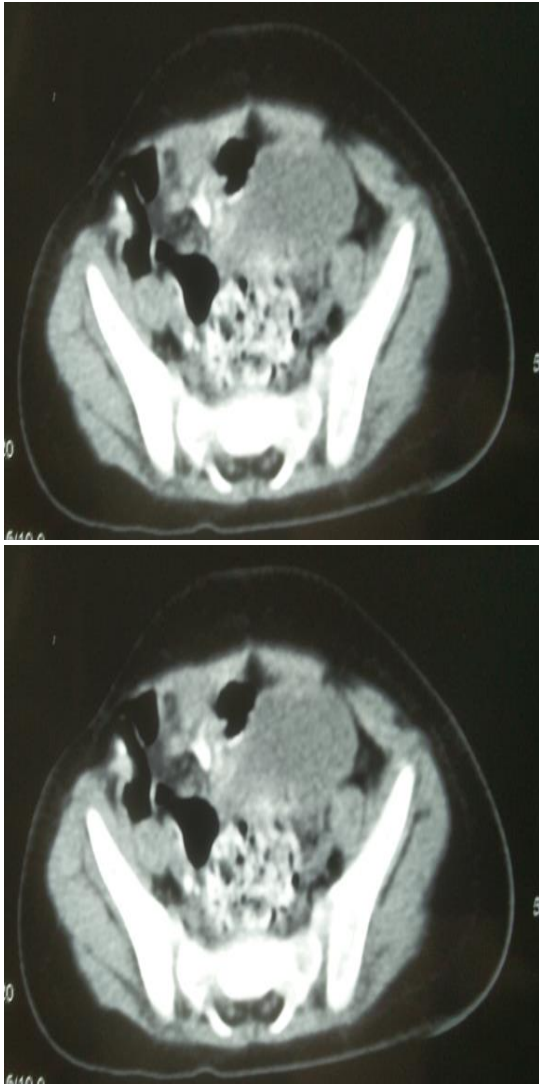


Figure-1: CT images showing herniation of bowel loops and preperitoneal fat through the defect lateral to linea semilunaris

The patient was operated with a right transverse incision given at the umbilical level. After the division of skin and subcutaneous tissue, the hernial sac was identified protruding out from a defect lateral to the right border of the rectus abdominis. The contents were identified as preperitoneal fat, which was excised and Mayo's repair technique was used to fix the defect. The wound was closed, and stitches were removed after the seventh day of the uneventful postoperative period. Bilateral orchidopexy was done after a 1 month

period and the patient recovered uneventfully.

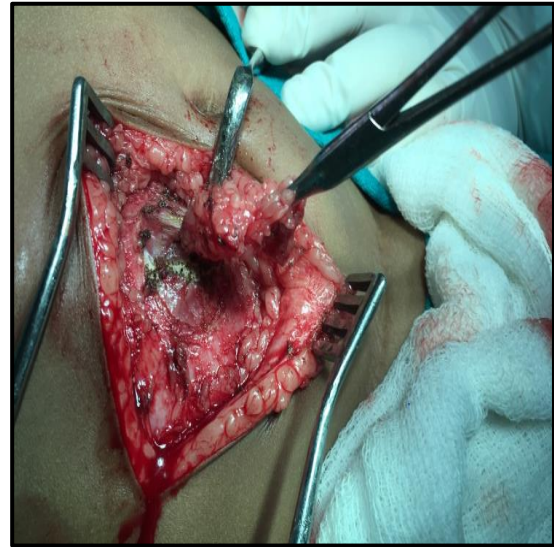


Figure-2: Operative image showing herniated omentum and gut

DISCUSSION

The primary case of a spigelian hernia was detected in 1933.¹ Only 37 cases have been suggested in the pediatric age group in a review of the literature from 1935 to 2000.² In children, the spigelian hernia is more common in males³ and is commonly associated with cryptorchidism, in which the undescended testes mostly lie in the hernia sac.⁴ However, in our case the testes were lying in the abdominal cavity and not in the hernial sac. However, in adults, the spigelian hernia is more common in females. A Spigelian hernia is a herniation through the Spigelian aponeurosis, which is bounded laterally by the transversus abdominis muscle and semilunar line and the lateral border of the rectus muscle lies medial to it. Most hernias occur at the level of the free lower margin of the posterior rectus sheath. A hernia normally penetrates the transversus abdominis muscle and internal oblique muscles and enlarges in the area between the internal and external oblique muscles. Space is largest laterally,

so large Spigelian hernias go laterally to the Spigelian aponeurosis. The orifice of the hernia sac is usually smaller and has fibrous edges. This explains the high risk of strangulation in a Spigelian hernia.⁵ Most of these hernias occur on the right side. The symptoms of a hernia depend on the contents of the hernia sac. As the neck of the sac is often narrow, the contents can easily undergo strangulation. Pain is the most common presenting complaint. Ultrasound is often the first investigation of choice for a patient presenting with a lump and pain in the abdomen. It is also an indispensable diagnostic tool in Spigelian hernias and was considered to be the gold standard for a Spigelian hernia by various authors.^{6,7,8} CT scan is crucial for diagnosis as well as it shows the exact location and size of the defect, thus helps in planning for surgery.

CONCLUSION

In conclusion, the Spigelian hernia is a rare entity which poses a great diagnostic dilemma due to non-specific signs and symptoms. Radiological investigations are crucial for diagnosis, and the hernia is associated with a significant risk of strangulation, so should be managed promptly by surgery.

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